

Quilling Paper Flowers

Create your own intricate flowers with this medieval paper craft.

You will need:

A tooth pick
8 strips of paper per flower,
around 0.5cm wide, 1 green
and 2 other colours
Glue
A piece of card

Quilling is a paper craft that was popular in medieval times. Monks and nuns in particular decorated objects, such as book covers, this way. It was a cheaper option than using metal filigree. When the paper was covered in gold paint, it was hard to distinguish it from metal.



1. To make the centre of the flower, start by wrapping a strip of paper around a toothpick to make a tight spiral.



2. Hold it in place as you take it off the stick, then glue the inside of the end piece to secure it. This is the centre of your flower.



3. Glue the spiral onto the card.

4. Next, to make the 7 petals, follow the same steps for the centre of the flower, but allow the coil to relax a bit before you stick down the end piece.



5. Pinch the end of the spiral into a petal shape and then glue it onto the card at the edge of the centre spiral. Repeat this process for all 7 petals.

6. Shape the stem and leaves from the strip of green paper and glue this into place.

Tip: Use a tooth pick to apply the glue. If you haven't got any card to hold your flower down, you could use a magazine cover.